

What are 'saponins'? Sapo (soap) are compounds that create lather when scrubbed with water. They protect plants from bugs, bacteria and germs. They taste bitter, so most animals won't eat them.

Wavy leaf soap plant (*Chlorogalum pomeridianum*)

Soapwort (*Saponaria officinalis*, or Bouncing-bet) non native, grows in Los Angeles

Ceanothus, Yucca, Oats

Coyote gourd/buffalo gourd - stems, roots and fruit shell

California buckeye (crush and steep in hot water - don't eat!)

Spinach, Beans

California Pollinator Pocket Guide (Native Bee ID cheat-sheet - PDF) — a downloadable *pocket guide* from the Xerces Society that illustrates different bee types (bumble bees, sweat bees, carpenter bees, etc.) with size and color cues you can see in the field.

Cordage Plants: agave, dogbane, milkweed, cattail, stinging nettle, willow (inner bark), bermuda grass roots, yucca

Top 100 SCV-Friendly Plant Guide

<https://www.yourscvwater.com/sites/default/files/SCVWA/save-water-and-money/inspiration-and-plant-information/Top-100-SCV-Plant-Guide-web.pdf>